

2022 NEWS AND PERFORMANCE REVIEW

The Cirdan Sailing Trust



The 2022 summer made for some great days out on the water which was just what was needed after the difficulties brought about by Covid over the last couple of years. After working with increased risk assessments and policies to keep everyone safe afloat and on land, we were able to take a step back and concentrate on providing a service to help young people move on from a period of uncertainty.

Between our three vessels we provided 40 voyages, the majority of which were seven days in length and covered in the region of 6,500 miles. This is less than we might expect in a usual season but was inevitable with a number of group leaders being uneasy about arranging residentials. Amongst those we welcomed aboard were young carers, youth offenders, homeless individuals and youngsters who were home educated or had special needs. We were pleased to provide a service to a few disadvantaged adults and continue our voyages supporting the early intervention for psychosis.

We were deeply saddened to announce the death of our longest serving trustee Roger Hodgkinson in July. Roger was instrumental in setting up the Trust in the 1980s and his knowledgeable input was invaluable over the years in making Cirdan the highly respected charity it is today.

We are looking forward to an exciting 2023 as Cirdan will be celebrating 40 years of changing lives at sea! Our plans to mark the occasion include the Cirdan fleet sailing to London in September for celebrations. Look out for further details.

My thanks as always for your support of our work.

Leonie Back - Chief Executive

"This experience was transformative, restorative and simply out of this world."

Homeless charity on board Duet



2022 SEASON NEWS

It was wonderful getting back to a full season of sailing after the last couple of challenging years.

Queen Galadriel - kicked off the season with a group of young carers followed by a selection of youth offenders from London. The summer included a mix of high schools, academies and a charity that provides care and support for individuals with learning disabilities and autism. Even Spiderman made a special appearance during the Summer! Queen Galadriel welcomed a group of fire cadets from a 'left behind' area of the country for her last voyage of the season.

Faramir - began sailing slightly later than anticipated due to staff shortage. Once afloat, she began with two young carer groups before moving onto a selection of high school and academy students, followed by an Early Intervention in Psychosis group. The latter half of the season saw Faramir take part in the ASTO Small Ships Race with a group of cadets from the Cowes Corinthian Yacht Club, and finished the season with a high school that specialises in young people with a range of special educational needs and disabilities.

Duet - In addition to a variety of youth groups sailing - including youth offenders, a homeless charity and high school - Duet completed seven Duke of Edinburgh Gold Residential voyages this year. Most of these voyages included at least one young person that is facing additional challenges who joined the DofE students to benefit equally from the experience of life at sea. Duet also joined Faramir by taking part in the ASTO Small Ships Race.



"This has given me and others the opportunity to experience something truly wonderful and normally very rare."

Duke of Edinburgh participant with autism

VOLUNTEERS

Volunteers are a vital cog in Cirdan's mechanism, whether it's people helping during maintenance and refit, or offering their services on board and organising fundraising events.

Abi sailed with us in 2021 and again in 2022 as part of a youth organisation from Devon and has since become a valuable member of our volunteer workforce. Abi was coping with a number of challenges in her life including anxiety, but pushed herself to join a voyage. "When we finally arrived, after a bit of an adventurous journey, I saw Queen Galadriel for the first time and everything suddenly changed. I was so captivated by her beauty that my fears had subsided and I was able to relax and enjoy being on the water," says Abi.

Joining a Cirdan voyage ignited a passion inside of Abi and gave her a path to focus on for the future. She has since joined us as a volunteer and is currently studying for her sailing qualifications. She has also been gaining experience in traditional boat building with a sailing company on the south coast.



"I think it just goes to show what can come out of just saying "YES" to something and not letting the fear of doing so take over; you just never know what will come out of it."

Staff News

Queen Galadriel's Skipper Louis has decided to move on to further his nautical qualifications. We expect to see him back during the season to help us out when we need relief crew.

We are sorry to lose Richard Ward from our Board of Trustees but his duties overseeing our finances have been taken over by Nicky Willis who recently joined the board.

Mark Oliver has been involved with Cirdan since 1983, our first year of incorporation, when he took part in the Tall Ships Race from Weymouth to Saint-Malo. This was Mark's first voyage with Cirdan at 16 years old, on board Faramir, previously known as Arethusa. Mark still sails with us as a permanent Relief Skipper. He is now a consultant anaesthetist but uses several weeks of his leave each year to volunteer with Cirdan. Here is a photo of Mark 40 years ago!



Lyndsey Dennis joined our office team in June, overseeing marketing, reservations and business administration. She quickly became part of the team and has already filled a large number of voyages on the 2023 calendar, sourcing several new youth organisations as well as repeat bookings from returning clients from 2023. Please contact Lyndsey at the Cirdan office if you wish to discuss sailing opportunities: lyndsey@cirdantrust.org



2022 PERFORMANCE

Client Profile 2022

Our focus since the first Cirdan voyage has remained on working with young people who are disadvantaged in some way. These young people come from a diverse range of backgrounds and experience a wide variety of challenges as shown by the chart below. We do however offer a limited number of voyages to young people wanting a residential with a difference to complete their Gold DoF Award. These voyages are supported through a specific legacy separate from our standard Voyage of Discovery Fund. Occasionally we are asked to work with special needs adult groups, and this year we welcomed a homeless charity with long-term mental health issues – as with all our voyages these can be adapted to suit the needs of the group. The few adult passenger voyages during the season are either for promotional purposes or are sold at a premium to help raise much needed funds.

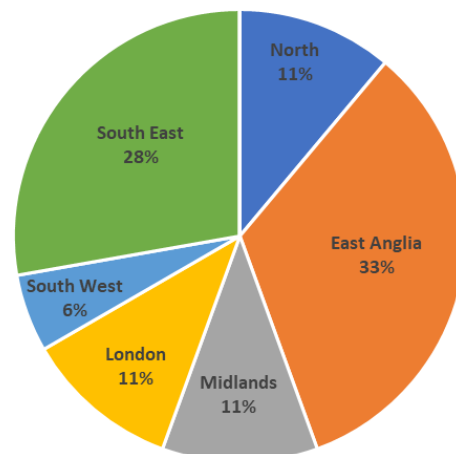
The young people who participate in Cirdan's voyage of Discovery come from across the youth sector throughout the UK as shown on the chart on the right. During 2022, the gender spread was male 64%, female 35% and non-binary 1%.

The ethnic origin of the young people is harder to record as this often gets confused with nationality. From the information we gathered last year, the ethnic origins of our trainees was 68% British or European, 9% Mixed Race, 7% African, 7% Asian, 2% Caribbean, 5% Chinese and 2% other.

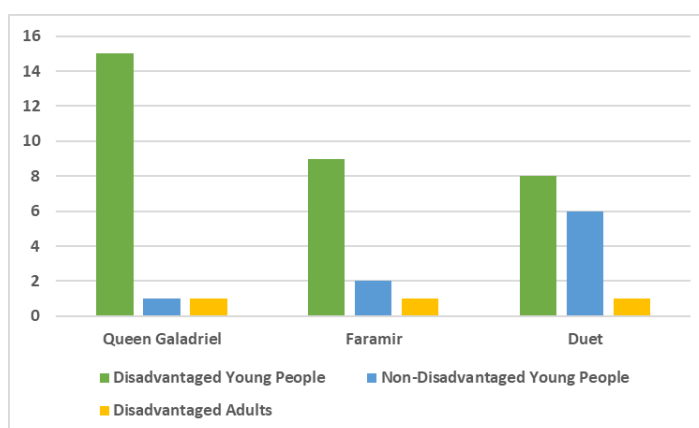
The repeat booking factor for 2022, meaning the same youth organisation as a previous season with different (but occasionally the same) young people, was 61%.



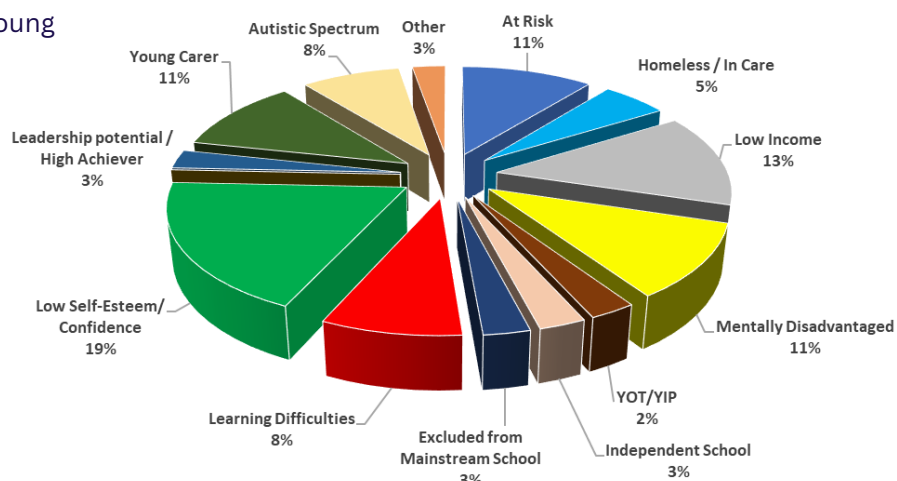
Geographical Distribution of Client Groups in 2022



Client Group Categories in 2022



Distribution of Disadvantages in 2022

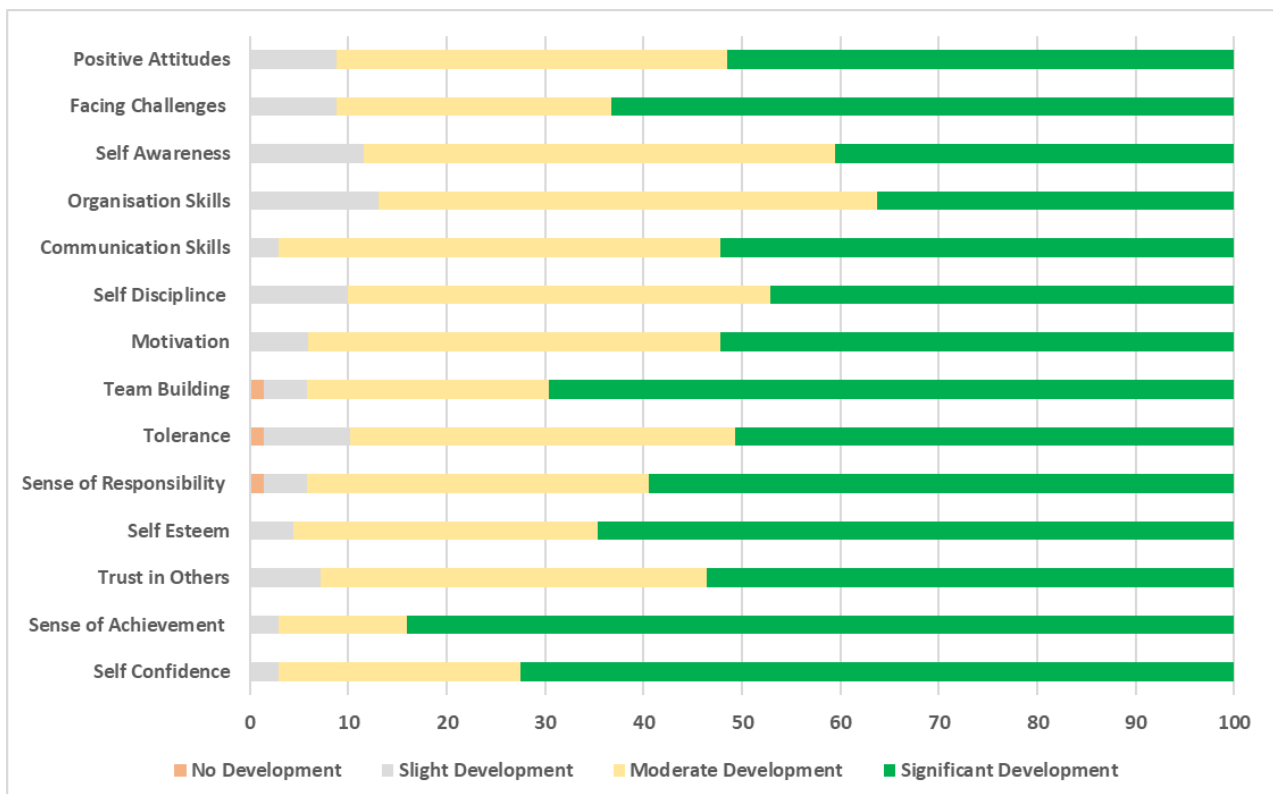


Development Outcomes as recorded by leaders in 2022



To ensure we maintain a high standard of service that meets the expected outcomes of our group leaders, we ask participants to complete evaluations. The outcomes gained from the experience we offer continue to show that the challenge and disciplines of life at sea is an extremely effective way to help young people develop essential life skills. The chart below shows how the 2022 group leaders rated the developments made from the voyages.

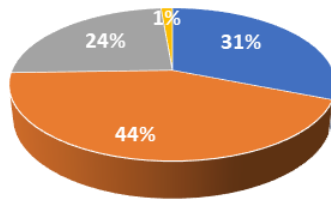
Amongst the 14 outcomes, the five most desired by the leaders in 2022 were self confidence, sense of achievement, self esteem, communications skills and team building. Our evaluation shows that we are meeting their expectations at a moderate or significant level of at least 96%.



INCOME & EXPENDITURE

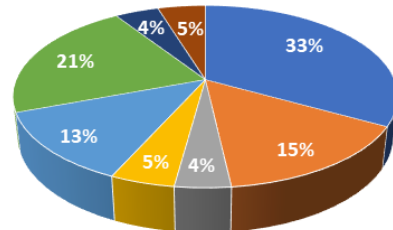
With a focus on working with groups whose young people face disadvantages in their lives and to ensure our service is widely available, fundraising is an essential aspect of Cirdan's work. With the exception of just one youth voyage in 2022, every group that sailed with us required support from our **Voyage of Discovery Fund** scheme to enable them to participate. We do ask groups to raise as much as they can through their own resources but with restricted budgets for non-statutory activities most find this very difficult. In 2022, on average across the fleet, the voyages were funded at a level of 60% of the full voyage fee which is needed for our successful operation. Whilst we continue to need the generous support of our funders to operate the scheme, in an attempt to reduce the group's reliance on our scheme we will endeavour to encourage them to increase their own fundraising efforts.

Income Sources 2022



- Voyage Fee
- Voyage of Discovery Fund
- Other Income (Donations & Legacies etc)
- Membership & Misc, RYA and Merch

Expenditure Areas 2022



- Vessel Personnel
- Vessel Seasonal Repairs
- Vessel Operational Costs
- Fundraising
- Vessel Reinstatement
- Vessel Insurance & Surveys
- Administration Personnel
- General Expenses & Running Cost

At the time of publication the 2022 accounts had not been formalised. The charts above give you an indication of how we receive our income and where we have to allocate our spending.

THANK YOU

The Cirdan Sailing Trust is partly self-financed through the contribution made by the groups towards their voyage. Not only does this help us but it gives them some ownership of the experience. However, during the 2022 season, almost every group and young person that sailed with us required support through our Voyage of Discovery Fund scheme to enable them to participate. Thanks to the generosity of grant making trusts and individuals who recognise the value of our work we were once again able to offer this much needed support.

Our vessels have to be maintained to a very high safety standard as regulated by the MCA and we welcome the funds made available to us for this purpose. We are also grateful for the support and cooperation of the marinas and suppliers who so often go out of their way to help us provide a life changing experience to the disadvantaged young people who take in part in our voyage of discovery.

We are very grateful to all our supporters but would particularly like to thank the following:

Alliance Family Foundation
Amazon Wishlist Donors
ASTO
Augustine Courtauld Trust
Baronets Trust
Bradwell Marina
Charles S French Charitable Trust
Christopher Aston Family
David Brooke Charity
David Cannell
David Milledge
Duet Fund
E P Barrus
Essex Youth Trust
Fitton Trust

Frank Jackson Foundation
Girdlers Company Charity
Gosport Marina
Hanley Trust
Ipswich Haven Marina
Irving Memorial Trust
John Lamb
John Tudor Baker
Keith Coleman
Limbourne Trust
Little Britain Challenge Cup
Marconi Sailing Club
Michael Clark
Mike Graveling Memorial
Oak Trust

Orr Macintosh ShareGift
Overland Charitable Trust
Patrick Malahide
Peacock Charitable Trust
Platt Davies Family
POM Charitable Foundation
Practical Marine Solutions
R G Hills Charitable Trust
Roger Hodgkinson Memorial
Royal Harwich Yacht Club
Sir James Roll Charitable Trust
Sir Julian Berney
Tudor Baker
Worshipful Company of Dyers

FEEDBACK

Some of the feedback from 2022's voyages

At the end of a voyage, we ask all the young people and leaders to complete evaluations to help us maintain a high standard and ensure the experience we provide meets their expectations. In addition to this, we also receive a huge amount of unsolicited feedback which shows how much is gained from spending just a week at sea with us.



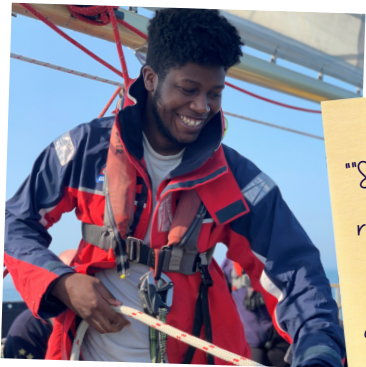
"Parents often remark positively about how their children and young people have changed when they get back from sailing. This is an inspirational and educational voyage for all who attend."
Young carers leader

"The sailing voyage with Cirdan was one of the most incredible things I've done! I've got better at working as a team with people I don't know well, and made lots of new friends."
Participant from youth organisation



"Not only did they learn resilience on this trip, they displayed respect for each other and empathy, and really looked out for each other. The skills they learnt on this trip will never be forgotten."

Fire Service Cadets



"Since returning from the voyage, they have all reported a significant increase in their ability to communicate with others, express their needs and to ask for help. They have more confidence in being able to take on new challenges."
Youth Offending Service Leader

"I learnt new skills, which included trying new things and taking on new challenges. It was a good experience and I would recommend others to try it too!"

Student at a specialist school for learning and physical difficulties

LOOKING AHEAD

Celebrating 40 Years of Changing Lives at Sea

2023 is a very exciting year for The Cirdan Sailing Trust as we are celebrating our 40th anniversary! All three boats will be heading to London's Hermitage Community Moorings in September for a week of celebrations. Hermitage Community Moorings, who's generosity enables us to berth in London, has an open weekend on 16th-17th September, so please come and visit us and take a tour of the boats. More details of our celebrations will be announced in the coming months!

To help us achieve our £40,000 target this year, visit www.justgiving.com/campaign/cirdan40thanniversary



2023 Season

Faramir will be sailing from Hartlepool next Summer and will be taking part in the Tall Ships Race from Den Helder to Hartlepool. Duet and Queen Galadriel will head down south for the summer, with Duet continuing her run of DofE Gold Residential voyages throughout the school holidays. Duet will also be taking part in the Round the Island Race in Cowes.



THE CIRDAN FLEET



Queen Galadriel

32m converted Baltic Trader, takes groups of up to 16 people

Duet

21m Edwardian Gaff Yawl, takes groups of up to 7 people



Faramir

22m Bermudan Ketch, takes groups of up to 15 people



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Charity Number: 1091595