



Who we are?

- The Cirdan Sailing Trust was established in 1983 since when we have provided in the region of 33,000 young people from across the UK with self-development, integration and learning opportunities through the challenge of life at sea aboard our large sailing vessels.
- Our work is mainly with groups of young people who suffer from disadvantages related to social deprivation, exclusion from education or society, have learning difficulties or just find school life challenging and need added direction.
- In addition to providing the experience aboard our vessels, we also raise funds for our Voyage of Discovery Fund to help **subsidise** the true cost of a voyage to make it affordable to most groups.



Why a sailing voyage –

Accompanied by their youth leaders and working alongside our professional crew, the young people are involved in all aspects of running and sailing the vessel, both above and below deck - such as getting involved in planning and navigation, learning to cook for themselves and each other and keeping a tidy ship.

Through this active involvement, they learn about themselves, develop an acceptance of others, develop a willingness to take controlled risks, discover hidden strengths and talents and gain an understanding of the value of working as a team.

Depending on the length and type of voyage it is possible for participants to gain **RYA accreditation**.

Over the years we have received an enormous amount of feedback with leaders confirming that the benefits gained from the Cirdan experience substantially enhances their own work with the youngsters in their care.

It is now recognised that if young people are to thrive in today's society, character education is essential and will underpin success in education and work.



- Operating from various ports around the country, each of our vessels has its own individual character and voyages are tailored to meet the needs of the group.
- The vessels are fully certified for their operation and crewed by professional sea staff, all of whom have experience in working with young people and are DBS cleared; appropriate insurance and risk assessments are in place and are available for your inspection.
 - We can work with young people from the age of 12 to 25 years (and older if they have special needs) but unfortunately cannot take wheelchair users.
- To enhance the well-being of the young people with whom you work contact the Cirdan office to discuss how we can help make this once in a lifetime experience possible.



Improved Happiness & Wellbeing

Increased Motivation & Resourcefulness

Long term outcomes of sail training.

Better Engagement in Community

Improved Educational Attainment / Employability



The Cost - Whilst there is a voyage fee involved, we raise funds specifically to help cover the cost through our Voyage of Discovery Fund which brings it down to one affordable by the group whether a youth club, school or local authority. Rather than quote a voyage fee we recommend that group leaders contact us to discuss their particular situation with regards to funding so that we can work together to make a voyage possible. Our voyage fee covers the cost of the vessel for the exclusive use of the whole group, the services of our professional crew, the use of life jackets and waterproofs and all associated berthing and fuel costs. It does not cover travel to and from the vessel or food which is provided and prepared for all on board by the group. We encourage leaders to use the opportunity to involve the young people in healthy eating menus, budgeting and essential domestic skills.



Please visit our website www.cirdantrust.org
Or Facebook page - <https://en-gb.facebook.com/cirdansailingtrust/>

The Cirdan Sailing Trust, Bradwell Marina, Bradwell-on-Sea, Essex, CM30 7RB
01621 776684 info@cirdantrust.org Registered Charity No: 1091598